AFRICAN LUNCH MENU

Tacugama’s Daily Specials

Pumpkin Stew
*Jeridine’s Specialty - Savory Stew with Chunks of Pumpkin*
Served with Jollof Rice and Steamed Veg

Salone Spinach
*Spinach Salone Style with Freshly Squeezed Lime*
Served with Jollof Rice and Steamed Veg

Groundnut Stew
*Made from Peanuts, Tomatoes and Onions*
Served with Jollof Rice and Steamed Veg

Cassava Leaves
*Similar to Spinach, Prepared with Groundnut and Beans*
Served with Jollof Rice and Steamed Veg

Okra Stew
*Made from the Vegetable often Referred to as “Lady’s Fingers”*
Served with Jollof Rice and Steamed Veg

All dishes can be prepared with chicken, fish or simply vegetarian.